

Great Triathlon Week end

3 & 4 June 2023

Obernai – Benfeld (Near Strasbourg)



Saturday 3 juin

- Triathlon XS
- Triathlons kids

Sunday 4 juin

- Triathlon L
- Triathlon M
- Triathlon S



In a unique setting in the heart of Alsace



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•Alsace, a territory for an exceptional marriage between sport and tourism.

•Located in the north-east of France, in the heart of Europe, bordering Germany and Switzerland, Alsace is endowed with a heritage of remarkable richness and wonderful landscapes. Its traditions continue within the framework of an impressive culture, a famous gastronomy, and a very friendly and European sense of hospitality.

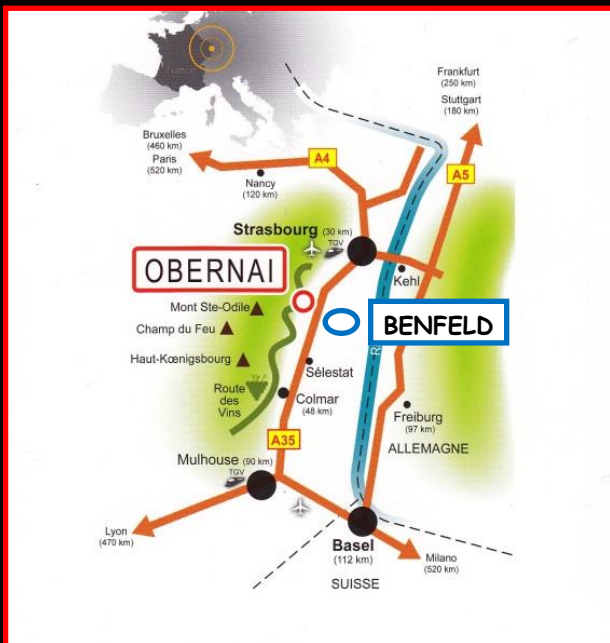
•Alsace is also a territory of athletes with flagship events including the Obernai-Benfeld International Triathlon. This event, which brings together nearly 2000 participants each year, is a successful marriage between high-level sport and beginner-amateurs.

•With 7 events for all ages (from 6 years old) and all levels of practice, beginners, amateurs or experienced triathletes will find an event to their measure. From Benfeld with its lake and natural setting, then by bike on the Alsace wine route. For the sharpest, a mountain passage will give the opportunity to rub shoulders with a Grand Site of France by climbing Mount Ste Odile at an altitude of 760m. The event ends in Obernai with a race between medieval towns, orchards and vineyards.

•Do not hesitate to register for one of the events of this Triathlon, individual or relay, atmosphere at the rendezvous.

The organizing team wishes you a beautiful 23rd edition.

Challenge « she & he » on L & M



Hotel accommodations:

A large range of possibilities in Obernai, Benfeld and around.

Contact :

www.tourisme-obernai.fr

tél. +33(0)3 88 95 00 37

groupes@tourisme-obernai.fr

Contact Organisation:

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Tél. +33 771 083 013

www.triathlon-obernai.fr

Food and drinks all the time

In Benfeld and Obernai

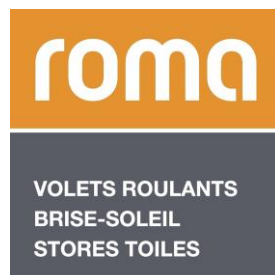
Race schedule for Benfeld lake triathlons - Saturday 3 June

Race	Triathlon XS	Triathlon Benfeld Trikids 3	Triathlon Benfeld Trikids 2	Triathlon Benfeld Trikids 1
Distances	400m/9,8km/2,8km	250m/ 4,9km /1,7km	150m/ 2,5km / 1,2km	50m/ 1,3km / 0,6km
Age group	Born 2009 and before	Born 2010-2011	Born 2012-2013	Born 2014-2017
Documents	Triathlon license: FFTri or ITU for countries with agreement No Triathlon license -> medical certificate under 1 year for practising competitive triathlon or sport, or a health certificate for minors (<18 y. old) Teams: license for the respective sport or medical certificate.			

Start number collection	Saturday : 2PM till 18h Benfeld lake			
Opening/closing of transition area #1 in Benfeld	15h/15h30	3PM till 15 mn before start		
Race briefing	15h35	17h20	17h50	18h20
Starting times	15h45	17h15	18h	18h30
Award ceremony	7:15 PM at Benfeld lake			
Bike retrieval timeslot	17h till 19h15			

REGISTRATION FEES

Race	Triathlon XS	Benfeld Trikids 3	Benfeld Trikids 2	Benfeld Trikids 1
with license	22 €	10 €		
Additional fees without FFTri/ITU license	2 €	2 €		



Race schedule and fee - Sunday 4 June 2023

Race	L	S	M		
Distances in km	2,1/82/19,2 km	0,55/24/4,8 km	1,4/46/9,6 km		
Age group	Born 2005 and before	Born in 2007 and before	Born 2005 and before		
Documents	Triathlon license: FFTri or ITU for countries with agreement No Triathlon license -> medical certificate under 1 year for practising competitive triathlon or sport, or a health certificate for minors (<18 y. old) Teams: license for the respective sport or medical certificate.				
Start number collection	Obernai "Parking des Remparts" : Saturday 15h30 till 18h and Sunday 7h30 till 10h00				
Handover of run bag	Saturday 15h till 18h in Obernai at start number collection point				
	Sunday from 7h30 on in transition area #2 in Obernai				
Opening/closing of transition area #2 in Obernai	7h30/8h30	7h30/9h30		7h30/10h45	
Opening/closing of transition area #1 in Benfeld	8h15/9h	9h30/10h30		11h/12h	11h/12h45
Race briefing	9h05	10h10		12h05	12h50
Starting times	9h15 Women, men & teams	10h20 Women, Teams & Paratriathlon	10h30 Men	12h15 Women & teams	13h00 Men
Latest time for bike start	10h25	10h45	10h55	13h10	13h55
Latest time for run start	14h30		12h05		16h20
Latest time for run start sd lap	15h40				
Award ceremony	16h30 in Obernai		14h15 in Obernai		17h00 in Obernai
Bike retrieval timeslot	15h00-18h		<u>12h05-13h30 maxi</u>		16h20 à 18h00
REGISTRATION FEES					
Race	L	S		M	
Registration fee before 01.03.2023					
<i>Individual with triathlon license</i>	125 €	34 €		52 €	
<i>additional fees without Triathlon license</i>	40 €	5 €		20 €	
<i>Team relay with Triathlon license (per competitor)</i>	50 €	22 €		30 €	
<i>additional fees without Triathlon license</i>	2 €	2 €		2 €	
Registration fee from 1.3.2023 till closure					
<i>Individual with triathlon license</i>	135 €	38 €		57 €	
<i>additional fees without Triathlon license</i>	40 €	5 €		20 €	
<i>Team relay with Triathlon license (per competitor)</i>	55 €	24 €		34 €	
<i>additional fees without Triathlon license</i>	2 €	2 €		2 €	
*Cancellation & refund warranty	20 €	5 €		10 €	
	Allows full refunding of the registration if cancellation till 20 May , After 20 May, no refunding possible, even with a medical certificate.				

Rules International Triathlon Obernai–Benfeld

Registration for the competition implies acceptance of the rules of the French Triathlon Federation FFTri (available on [reglementation-sport-2022v1.pdf - Google Drive](#))

In case of non-compliance with the FFTri regulations, the competitor is exposed to sanctions notified by the presentation of a yellow card (warning, re-compliance), blue (in case of drafting on the cycling part) or red (disqualification).

Some major or specific points of the Obernai-Benfeld International Triathlon are recalled below.

Bib: only 1 bib is given to the competitor. It must imperatively be fixed in 3 points minimum on a **bib belt**. Wearing the bib is **prohibited on the swimming part** and **mandatory** by bike (at the back) and running (at the front).

Start:

Competitors must gather at the Benfeld swimming start 10 minutes before the start of each race, for the briefing.

Swimming:

Wearing a wetsuit is mandatory below 16°C, optional between 16 and 24°C and prohibited above 24°C. Nudity is strictly prohibited in the transition area. The change of clothing, if necessary, must be done out of sight. Obligation to wear the swimming cap provided by the organizer,

Cycling: In case of exceeding the time limit (consult the schedule table), the competitor disqualified by the refereeing body. The rules of the road must be respected, the suction shelter (drafting) is prohibited, respect a distance of 7m (S & M) and 12m (L) and clear overtaking on a parallel axis. Wearing a helmet is mandatory. - The possible stop at the level crossing (approx. 35sec.) does not give rise to a time adjustment.

Position of aid station: Format L at km 27, 45 (Col de la Charbonnière) and 63 (Ste.Odile) – Format M at km 28 (Ste. Odile)

Running: In case of exceeding the time limit (consult the schedule table), the start of the race or 2nd loop of the L format will be refused and the competitor disqualified by the juge. Wearing a helmet is prohibited. A bracelet is given for the 2nd loop of the L. Position of aid station per loop: Formats M, L at km 0.1 – 2,8 – 4.2 and 7.2 – Format S at km 0.1 and 2,7

Penalty zone: Concerns competitors penalized with a blue card on the cycling part. The competitor must, on his own initiative, and under the control of the arbitration body, stop in the penalty zone. It is located at the entrance to the transition area. The duration of the shutdown is 1mn for the XS and S format, 2mn for the M format and 5mn for the L format

Relay: The passage of the relay between swimmer and cyclist is done by contact at the location in the transition area No. 1 of Benfeld and by transmission of the bib between the cyclist and the runner at the materialized location in the transition area No. 2 of Obernai. It is accepted that one of the torchbearers does 2 disciplines in their entirety.

In general:

Triathlon is an individual sport. It does not allow any external assistance (except in Paratriathlon practice).

Non-compliance with the environmental charter (throwing waste on the ground, abandonment of equipment, clothing, accessories) is prohibited outside the cleanliness zones located at the refreshments. Failure to comply with this rule, which is detrimental to the sustainability of the event and the image of athletes, is punishable by disqualification (red card).

Detailed race information: All information on the detailed operation of the events will be communicated by a specific document downloadable or distributed by email to each competitor on d-10. In particular, the withdrawal of bibs, the arrangements between the transition areas of Benfeld and Obernai, the repatriation of swimming belongings, the content of supplies, etc....

Maps of the routes and "spectator-supporter" itineraries: available on: www.triathlon-obernai.fr

For your supporters and fan club, geolocation and arrival prediction on M & L formats



Subscriptions

Subscriptions: online only

Cancellation: Subscription fee can be reimbursed for cancellations by 20/05/2023 if refund warranty option has been ticked. Subscription is not transferable to next year's edition.

Subscription close on 20/05/2023 (or before if all slots are taken).

Awards

- **Benfeld Trikids** : Trophy for ranks 1 - 3 (girls and boys) respectively
- **XS** : Gifts and trophies for first three ranks within male and female « minimes » category and first three ranks within male and female scratch
- **S**: Gifts and trophies for first three ranks within male and female cadets-juniors-séniors- and first masters (M1 up to M10) - paratriathlètes
- **M**: Gifts and trophies for first three ranks within male and female juniors –séniors and first masters (M1 up to M10)
- **L**: Gifts and trophies for first three ranks within male and female séniors and first masters (M1 up to M10)
- **Relays**: 1st team female and male or mixed per format

Grille de Prix /Prize money

(réservée aux licenciés Triathlon et hors Relais)

Scratch

Rang	L		M	
	Masculins	Féminines	Masculins	Féminines
1	1 000 €	1 000 €	400 €	400 €
2	700 €	700 €	300 €	300 €
3	500 €	500 €	200 €	200 €
4	350 €	350 €	150 €	150 €
5	275 €	275 €	100 €	100 €

Meilleur temps/Best time

	L		M	
	Masculins	Féminines	Masculins	Féminines
Swim	80 €	80 €	60 €	60 €
Bike	80 €	80 €	60 €	60 €
Run	80 €	80 €	60 €	60 €

The transaction of awards will be made only per online payment.