

Great Triathlon Week end 30 & 31 may 2020 Obernai – Benfeld (near Strasbourg)

Saturday 30 may

- Triathlon XS
- Animathlon
- Triathlons jeunes

Sunday 31 may

- Triathlon L
- Triathlon M
- Triathlon S



**Triathlon
International**
Obernai / Benfeld

In a unique setting in the heart of Alsace



info@triathlon-obernai.fr - Tél. +33 (0)7 71 08 30 13 - www.triathlon-obernai.fr

Grand Est
ALSACE CHAMPAGNE-ARDENNE LORRAINE



Obernai



— **Crédit Mutuel** —

Intermarché
Centre Alsace
TOUS UNIS CONTRE LA VIE CHÈRE

New in 2020 :

- **« couples » challenge for format L et M**
- **Pasta party on Saturday evening in Benfels lake**

Hotel accommodations:

A large range of possibilities in Obernai
, Benfeld and around.

Contact :

www.tourisme-obernai.fr

tél. +33(0)3 88 95 00 37

groupes@tourisme-obernai.fr

Contact Organisation:

info@triathlon-obernai.fr

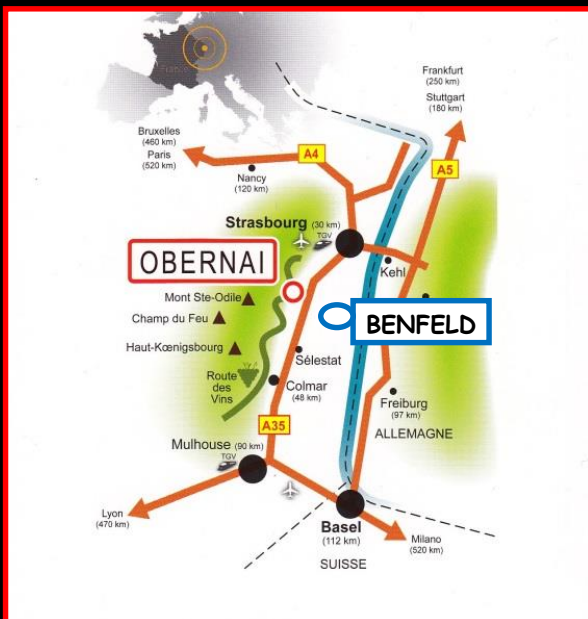
Tél. +33 771 083 013

www.triathlon-obernai.fr



Food and drinks all the time
In Benfeld and Obernai

Easy registration and results



Next Edition
5 & 6 juin 2021

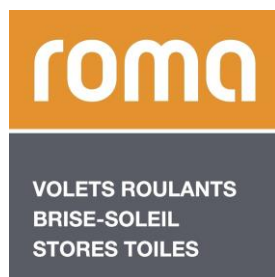
Race schedule for Benfeld lake - Saturday 30 may

Race	Triathlon XS	Animathlon	Triathlon Benfeld Trikids 3	Triathlon Benfeld Trikids 2	Triathlon Benfeld Trikids 1
Distances	400m/9,8km/2,8km	250m/ 4,9km /1,7km	250m/ 4,9km /1,7km	150m/ 2,5km / 1,2km	50m/ 1,3km / 0,6km
Age group	Born 2006 and before, without triathlon license	Born 2008 and before, without license	Born 2007-2008	Born 20010-2009	Born 20011-2014
Documents	License FFTri or ITU No license : medical certificate < 1 year for competitive triathlon or sport	medical certificate under 1 year for practising sport or triathlon	License FFTri or ITU No license -> medical certificate under 1 year for practising competitive triathlon or sport		

Start number collection	Saturday 30:05: 15h till 18h Benfeld lake				
Opening/closing of transition area #1 in Benfeld	15h/15h30	16h/16h45	15h45 till 15 mn before start		
Race briefing	15h35	16h50	17h20	17h50	18h20
Starting times	15h45	17h00	17h30	18h	18h30
Award ceremony	19h at Benfeld lake				
Bike retrieval timeslot	17h till 19h15				

REGISTRATION FEES

Race	Triathlon XS	Animathlon	Benfeld Trikids 3	Benfeld Trikids 2	Benfeld Trikids 1
with license	23 €			10 €	
without FFTri/ITU license	25 €	15 €		12 €	



Clôture des inscriptions le 10/05/2020 ou avant dans la limite des dossards disponibles – pas d'inscriptions sur place.

Privilégier l'inscription internet. Inscriptions courrier possible à adresser avec le paiement à :

COTO –Inscriptions 6, rue des Perdrix 67560 ROSHEIM

Remboursement jusqu'au 10/05/2020 uniquement si l'option assurance remboursement a été souscrite.



Race schedule - Sunday 31 may 2020

Race	L	S	M		
Distances in km	2,1/82/21	0,5/24/5	1,4/46/10		
Age group	Born 2002 and before	Born in 2004 and before	Born 2002 and before		
Documents	Triathlon license: FFTri or ITU No Triathlon license -> medical certificate under 1 year for practising competitive triathlon or sport Teams: license for the respective sport or medical certificate.				
Start number collection	Obernai at the Parking des Remparts: Saturday 15h30 till 18h and Sunday 7h30 till 10h00				
Handover of run bag	Saturday 15h till 18h in Obernai at start number collection point				
	Sunday from 7h30 on in transition area #2 in Obernai				
Opening/closing of transition area #2 in Obernai	7h30/8h30	7h30/9h30	7h30/10h45		
Opening/closing of transition area #1 in Benfeld	8h15/9h	9h30/10h30	11h/12h	11h/12h45	
Race briefing	9h05	10h10	12h05	12h50	
Starting times	9h15 Women, men & teams	10h20 Women, Teams & Paratriathlon	10h30 Men	12h15 Women & teams	13h00 Men
Latest time for bike start	10h25	10h45	10h55	13h10	13h55
Latest time for run beginning	14h30	12h05	16h20		
Award ceremony	16h30 in Obernai	14h15 in Obernai	17h00 in Obernai		
Bike retrieval timeslot	14h30-18h	12h05-13h30	16h20 à 18h00		

REGISTRATION FEES

Race	L	S	M
Registration fee before 01.03.2020			
Individual with license	110 €	30 €	46 €
Individual without license	150 €	35 €	66 €
with license	50 €	22 €	30 €
without license	52 €	24 €	32 €
Registration fee from 1.3.2020 till 30.4.2020			
Individual with license	120 €	35 €	50 €
Individual without license	160 €	40 €	70 €
with license	53 €	24 €	34 €
without license	55 €	26 €	36 €
Registration fee from 1.5.2020 till 10.5.2020			
Individual with license	130 €	37 €	55 €
Individual without license	170 €	42 €	75 €
with license	57 €	25 €	36 €
without license	59 €	27 €	38 €
	20 €	5 €	10 €
*Cancellation insurance	Allows full refunding of the registration if cancellation occurs before 10 May 2020, After 10 May 2020, no refunding possible, even with a medical certificate.		

Clôture des inscriptions le 10/05/2020 ou avant dans la limite des dossards disponibles – pas d'inscriptions sur place.

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Remboursement jusqu'au 10/05/2020 uniquement si l'option assurance remboursement a été souscrite.



Règlement du Triathlon International d'Obernai-Benfeld

Alongside the subscription, the regulations of Fédération Française de Triathlon FFTri will have to be accepted (available on <http://www.fftri.com/reglementation-sportive-0/>) In case of non-respect of the regulations set by FFTri, participants risk penalties, such as the yellow card (report, reminder of compliance), blue (in case of drafting during cycling part) or red (disqualification).

Please take good note of the following points:

•**Start number:** Each participant receives only single start number which contains the chip measuring the time. The start number will have to be attached at three different points minimum to a running belt. Wearing a start number is forbidden during the swimming part but obligatory during the cycling part (on the backside) and running part (in front).

•**Start :**

Participants will have to show up for a briefing 10 minutes before the start of the swimming part of each race.

•**Swimming :**

If water temperature is below 16° C, a wetsuit must be worn. It is optional at temperatures between 16 and 24,5° C and forbidden when the temperature is above 24,5° C.

Nudity is strictly forbidden in the transition area. Getting changed requires a minimum of respect for spectators and competitors. All participants must wear a swimming cap supplied by the organiser.

•**Cycling:** Traffic rules must be respected imperatively. Drafting is forbidden and a safety distance of 7m (S&M) and 12m (L) is required when overtaking competitors. All participants must wear safety helmets.

•Unwanted loss of time at the train track crossing can not be reclaimed later.

• Position of supply stops: Format L at km 27, 45 (Col de la Charbonnière) and 63 (Ste.Odile) – Format M at km 28 (Ste. Odile)

•**Running:** There will be time limits installed for athletes coming in too late after their cycling part. Referees will expell competitors from further participation in case the time limit is overstepped.

•Wearing the cycling helmet during the running part is forbidden. A bracelet handed out after the second round enables to distinguish runners in their second or third round.

Position of supply stops : Formats M, S at km 0,1 et 2,7 – Format L at km 0,1 – 2,7 - 4,7

Penalty area: Athletes with a blue card will have to stop in the penalty area which is located at the start of the running track. Waiting times: 1 minute format XS and S, 2 minutes format M, and 5 minutes format L.

Relais: Competitors in the relay section will have to pass on the race in the first transition area in Benfeld. Taking over the running part in Obernai requires the handing over of the start number in the second transition area in Obernai. A relay participant is allowed to do two out of the three disciplines.

General information:

The triathlon is an individual sport. No help from outside whatsoever is allowed (with the exception of paratriathlon)

In case of disrespect of environmental care (e.g. littering, abandoning materials, clothes, and accessories) causing inconveniences in the supply zones and disturbances of the sports event, participants risk getting disqualified (red card)

Detailed information about race: All complementary information regarding the procedure of the different races will be provided as a download and sent out to all participant 15 days before the competition. This information will include details about the picking up of the start number, the organisation of the transition times in Benfeld and Obernai, the retrieval of personal belongings, supply points etc

•Race track and itinerary available on: www.triathlon-obernai.fr

Subscriptions

Subscriptions: online or in writing (see form)

Cancellation: Subscription fee can be reimbursed for cancellations by 10/05/2020 if insurance option has been ticked. Subscription is not transferable to next year's edition.

Subscription close on 10/05/2020 (or before if all places are taken).

Awards

- Benfeld Trikids :** Trophy for ranks 1 - 3 (girls and boys) respectively
- XS :** Gifts and trophies for first three ranks within male and female « minimes » category and first three ranks within male and female scratch
- S:** Gifts and trophies for first three ranks within male and female cadets-juniors-séniors-masters 1 (V1 & V2)-masters 2 (V3 et +)-paratriathlètes
- M:** Gifts and trophies for first three ranks within male and female juniors – séniors -masters 1 (V1 & V2)-masters 2 (V3 & +)
- L:** Gifts and trophies for first three ranks within male and female séniors-masters 1 (V1 & V2)-masters 2 (V3 & +)
- Relays:** 1st team female and male or mixed per format

Grille de Prix /Prize money

(réservée aux licenciés Triathlon et hors Relais)

Scratch

Rang	L		M	
	Masculins	Féminines	Masculins	Féminines
1	1 000 €	1 000 €	400 €	400 €
2	700 €	700 €	300 €	300 €
3	500 €	500 €	200 €	200 €
4	350 €	350 €	150 €	150 €
5	275 €	275 €	100 €	100 €

Meilleur temps/Best time

	L		M	
	Masculins	Féminines	Masculins	Féminines
Swim	80 €	80 €	60 €	60 €
Bike	80 €	80 €	60 €	60 €
Run	80 €	80 €	60 €	60 €

The transaction of awards will be made only per onlie payment.

Registration formular Triathlon International d'Obernai - Benfeld 30 & 31 may 2020

OBERNAI-BENFELD TRIATHLON - 30 & 31 May - Registration form

Tick the selected competition

L (born in 2002 and before)

M (born in 2002 and before)

S (born in 2004 and before)

Triathlon XS (born in 2006 and before)

BENFELD TriKids 1 (born between 2011 & 2014) Option : cancellation insurance

BENFELD TriKids 2 born in 2010 & 2009) Option: Carbon compensation (voluntary action) of ___€
to the profit of GoodPlanet fondation; 1 € is the average
compensation for a 150 km trip with a middle size car.

BENFELD TriKids 3 (born in 2008 & 2007)

AQUATHLON XS (born in 2005 and before)

Category

Individual

Team

Paratriathlon

ANIMATHLON - Triathlon (born in 2008 and before)

Address

The registration must be sent before 10 May
including registration form, license copy,
medical certificate after online payment to:
COTO - Incriptions
6 rue des Perdrix
F-67560 ROSHEIM

Personal information (team captain if team)

Name:

Surname:

Date of birth:

Gender:

Male

Female

Address

Zip code:

City:

Tel.:

E-mail:

(pour les informations d'avant course et les résultats)

License number

Triathlon club:

For teams

Team name (**max. 20 characters**):

Name-Surname

Date of birth

Gender

License number (if applicab

Swimmer:

M F

Biker:

Runner:

Validation

undersigned (team captain if team),

acknowledge I have read and understood the
competition's rules and will comply by them together

Date and
signature

Parental consent for minors

, the undersigned,

authorize my son/daughter to participate in the Obernai-Benfeld
Triathlon

Date and
signature

Mandatory documents

Copy of the triathlon license or of the sport practised by each team member,
or valid medical certificate (less than 1 year) authorizing the practise of triathlon or of the sport concerned (for team
members).

Contact: +33 771 083 013 ou info@triathlon-obernai.fr